DELIVERING MORE FOR LESS: WWW.1UPONLINE.CO.ZA

VALID 8TH APRIL TO 13TH APRIL 2026 | ONLY AT MITCHELLS PLAIN TOWN CENTRE

1-UP CASH & CARRY

...WHERE YOU GET MORE FOR LESS

MITCHELLS PLAIN TOWN CENTRE

YUM YUM PEANUT SPREAD 1KG
R60

NESCAFE RICOFFY 750G
R120

COMBO DEAL

D'LITE FAT SPREAD 500G
3 FOR R30
R10.00/unit

FARMGATE FULL CREAM MILK 6x1LT
R80
R13.33/unit

KOO BAKED BEANS 400G
2 FOR R30
R15.00/unit

PLUSH MULTI SURFACE CLEANER 275ML
R20
EACH

7AM CORN FLAKES 1KG
R35

D'LITE COOKING OIL 2LT
R52

GOLDEN PRIDE WHITE SUGAR 2KG
R36

COMBO DEAL

5KG COMBO
WHITE STAR MAIZE MEAL 5KG
+ SPEKKO LONG GRAIN PARBOILED RICE 5KG
+ SASKO CAKE FLOUR 5KG

ALL 3 FOR R170
R56.67/unit

SNOWFLAKE CAKE FLOUR 2.5KG
R30

ALLSOME LONG GRAIN PARBOILED RICE 2KG
R20

SPRING SOFT TOILET PAPER ECONO DOUBLE PLY 18'S
R55
R3.05/unit

MITCHELL'S PLAIN TOWN CENTRE - CNR 7TH AVENUE SYMPHONY WALK, MITCHELL'S PLAIN 7785 | 021 300 7085

KIOSK SERVICES: PREPAID ELECTRICITY | PREPAID WATER | AIRTIME | BUS TICKETS | DSTV | EASY PAY | SHOP2SHOP

Prices valid while stocks last. Pictures for illustrative purposes only and may vary.
We reserve the right to limit quantities. Prices include V.A.T. E&OE.

1upcashandcarry